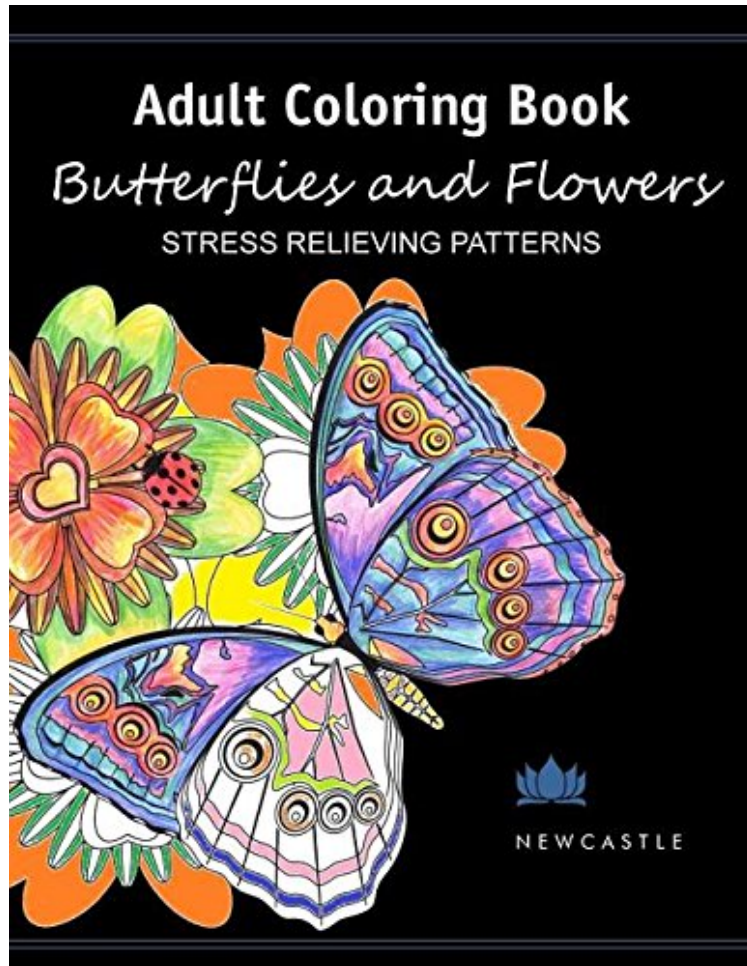


# Adult Coloring Book: Butterflies and Flowers: Stress Relieving Patterns

Megan Ellis, Adult Coloring Books, Coloring Books for Adults  
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**Megan Ellis, Adult Coloring Books, Coloring Books for Adults : Adult Coloring Book: Butterflies and Flowers: Stress Relieving Patterns** before purchasing it in order to gage whether or not it would be worth my time, and all praised Adult Coloring Book: Butterflies and Flowers: Stress Relieving Patterns:

0 of 0 people found the following review helpful. Fun designs to relax and unwind with.By Delilah JonesThis Adult Coloring Book: Butterflies and Flowers from Megan Ellis has been a great addition to my 'relaxation time'. This is a soft-cover coloring book with 50 sheets to color. The design on each page is printed with black ink on white paper. The designs in the book vary, with some being more simplistic and others being much more intricate and complicated.Some of the designs do repeat, but there is a nice assortment and plenty of variety. I enjoy coloring the butterflies and flowers that are the subject matter of this book. I feel like there's so much freedom to use bright colors

and fun combinations. It is easy to get lost in the designs and is a great way to unwind and relax. The paper is a nice texture, but it isn't quite as porous as some so it takes a little bit more pressure to get my watercolor colored pencils to work like I want them to. It seems to have a bit of a coating, but it's not glossy. I still used my colored pencils, but fine-tipped markers or pens would probably be ideal. I can always find a design that appeals to my mood at the time, and have really been enjoying this book. I received a promotional copy of this book from the publisher.

**50 BEAUTIFUL PATTERNS TO COLOR** This adult coloring book has over 50 beautiful patterns and provides hours of stress relief through creative expression. It features butterflies and flowers such as cute butterflies, art butterflies, creative butterflies, graphic butterflies and flowers. Designs range in complexity and detail from beginner to expert-level.